



REDUCING: Loneliness
REDUCING: Isolation
IMPROVING: Quality of Life

KIRKLEES

Dementia Activity Groups

Members

For people living with
suspected or diagnosed:

EARLY to MID Stage Dementia

10:00 to 15:00 WEEKLY

Monday **Kirkburton**
Tuesday **Lindley***
Wednesday **Honley & Heckmondwike**
Thursday **Birstall**
Friday **Huddersfield & Emley**

- Weekly sessions
- 5-hour sessions
- Transport by Valleys Community Transport
- Includes 2-Course freshly cooked meal
- Includes monthly day trips

*Not suitable for people living with
advanced stage dementia*

Volunteers

We are recruiting volunteers to work
alongside our *Dementia Champion* to
deliver fun packed, much needed &
quality full day services around Kirklees.

Support Workers

and/or

Drivers

- Training available
- Expenses available
- All ages welcome
- Ad-hoc, full or half day volunteering
- Free safeguarding check required

*Come and join us, and make a real
difference for local people*

To join this fantastic new service, contact:

Membership form:

Volunteering form:

Referral form:

Further general information:

Email:

01484 860077

www.ddc.org.uk/member

www.ddc.org.uk/volunteer

www.ddc.org.uk/referral

www.ddc.org.uk

time-together@ddc.org.uk

Service operated by Time Together, a part of the Denby Dale Centre
Over a decade experience providing dementia services in Kirklees
Charity No: 1118128
Company No: 5507412, registered in England, limited by guarantee
Registered address: Denby Dale Centre, Springfield Mill, Denby Dale, HD8 8TH



* Lindley Group times 09:30 to 14:30

We are **Kirklees**