



### **Risk limitation while Moving and Handling of people.**

Aim –	To assist people with limited mobility in transitioning from sitting to standing, using wheelchairs and walking frames, getting in and out of cars, etc.
Benefit –	To enable an individual to mobilise and to be transported to and from shops and appointments including medical care.
Risk 1 -	Environmental.
Risk 2 –	Corona Virus.
Control-	Detailed as rules in this document.

#### **Limitations of the role.**

The aim is to assist people with limited mobility.  
If they have no independent mobility and require specialist equipment i.e., hoists – This is outside of this remit and will require specialist training.

#### **Person to be assisted.**

Must be able to self-help and take part in the manoeuvre.  
If unable to assist and require total assistance to move, specialty trained personnel and equipment must be used.

#### **Assistant.**

Must be relatively fit and able to assist others.  
Aptitude – Must be able to be sympathetic / considerate / observant; be able assess the client then assist and monitor accordingly while allowing a large degree of dignity to the person to be helped.  
Training – partake in Moving and Handling awareness training offered on the M&H training form.

#### **Environmental.**

Weather - Even in inclement weather, it is important not to rush.  
Wet / icy conditions – Slip hazard both outside and inside on wet smooth floors.  
Wet smooth floors – Slip hazard for walking frame, crutch and walking stick feet.  
Cold – A blanket may be required around the legs of a wheelchair user.  
Be aware of uneven/unstable floors.

#### **Equipment.**

Ensure equipment used is fit for purpose.  
Adjusted best fit / height for the user.  
Folding and adjustable parts – risk of entrapment of fingers and clothing.  
Observe and control all equipment when near users, to prevent injury.

<b>Covid-19 prevention of infection.</b>
<i>If <b>YOU</b> are feeling unwell – <b>STAY AT HOME</b>, but please inform the organiser.</i>
If you suspect the client has C-19 symptoms, you have the right to say no to assisting, but please notify the organiser, and recommend the client contacts 119.
Maintain a 2-meter (the width of an average minibus) distance as much as possible. However, close contact while assisting someone with movement is necessary. During this time, a face covering (over mouth & nose) must be worn by both parties.
Sanitise hands before and after assisting each person. If gloves are worn, they should be disposed of between each person, and fresh gloves used. Sanitise equipment between each use.

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